



## Northside Striders Invitational Track Meet (A)

Pre-Registration - [www.ns-striderstrack.com](http://www.ns-striderstrack.com)

Saturday May 5, 2018

Klein Memorial Stadium 16607 Stuebner Airlines Rd. Spring, Texas 77379

Meet Director: Tony Jones Pre- Registration: [tony2020@comcast.net](mailto:tony2020@comcast.net)

Pre-Registration is available for athletes and spectators \$6.00 \*\* PayPal will be available at the gate

Admission Athletes and Spectators \$7.00 at the gate (Kids under 5 admitted Free) 6 Uniform Coaches Dress Free

Awards – Medals 1<sup>st</sup> – 3<sup>rd</sup> Ribbons 4<sup>th</sup> – 6<sup>th</sup> / Coaches Relay awards 1<sup>st</sup> place trophies

### ORDER OF EVENTS: (Rolling Schedule starting at 9:00am)

3000m Run	11yrs & Up (Sub Midget – UP)
1500 / 3000 m Race Walk	9 yrs. & UP (Sub Bantam – UP)
80 Hurdles	11 yrs. (Sub –Midget – Midget 30”)
100 Hurdles	13 – 14 yrs. (Sub Youth – Youth Boys & Girls 33”)
100 Hurdles	15 yrs. Intermediate & Up Girls 33”
110 Hurdles	15 yrs. Intermediate & U Boys 39
Munchkin Race	50 meters (5 and under)
100m	8 & Under – 12 yrs. (Primary – Midget)
4 x 800 Relay	11/12 yrs. & Up (Youth – Up) *
4 x 100 R	Coaches Male / Female <b>Team Tee Shirts Only</b>
4 x 100	ALL
400m	8 yrs. & Under – 12 yrs. (Primary – Midget)
800 Meter Run	13 Yrs. & Ups (Youth - UP)
200m	13 yrs. & Up. (Sub Youth – Up)
1500m Run	8 yrs. & Under (Primary – Midget)
4 x 400 R	9-10 yrs. & Up (Bantam – Up)

### Field Events: 3 attempts in all Field Events (Start time – (9:00am)

High Jump - 9 Yrs. & Up. (Sub Bantam – Up)

Long Jump (Oldest to Youngest)

Discuss - 11 Yrs. (Sub Midget – Up)

Shot Put - ALL

Turbo Javelin - 8 & Under – 12 Yrs. (Primary – Midget)

\*This event is sanctioned by the Amateur Union of the U.S., Inc.

\* All participants must have a current AAU membership.

\* AAU membership may not be included as part of the entry fee to the event.

\* AAU membership must be obtained before the competition begins.

\*BE PREPARED! Adults and Non- Athletes memberships are no longer instant and cannot be applied for at event

\* Please allow at least 10 days for membership to be processed

\* Participants are encouraged to visit the AAU website [www.aasports.org](http://www.aasports.org) to obtain their membership.

\*\* All un- used Bands must be return by 10:00am for refund

### For More Information:

Tony Jones (281) 799-2265

Email: [tony2020@comcast.net](mailto:tony2020@comcast.net)

Pre-Registration: [www.ns-striderstrack.com](http://www.ns-striderstrack.com)

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