

**Northside Striders Invitational Track Meet (A) AAU
Track & Field**

Location: Klein Collins High School Track

April 29, 2017

20811 Ella Blvd., Spring, TX 77388

www.ns-striderstrack.com



REGISTRATION: Gates open at 7:15am Fee: \$6.00 per Athlete/Spectators Coaches: 5 Uniform/Coaching Shirts *PRE-REGISTRATION ENCOURAGED/ (ENDS 4/25/17) EMAIL TONY JONES OR CALL @ CONTACT INFORMATION BELOW*

Coaches Meeting 8:30am
Meet Start Time: 9:00am
Awards: 1st -3rd Medals 4th -6th Ribbons
Trophies/ Relay Teams and Coaches Relay

Meet Directors: Tony Jones 281-799-2265ph, tony2020@comcast.net , Sam Navarro 832-372-9371, samn214@yahoo.com .

ORDER OF EVENTS

3000m Run	11yrs. & Up (Sub-Midget & Up)
1500/3000m Race Walk	9yrs. & Up (Sub-Bantam & Up)
80mH	11yrs. & 12 (Sub-Midget-Midget)
100mH	13yrs. & 14(Sub-Youth-Youth)
100mH	15yrs. & Up Girls (Int.-YW)
110mH	15yrs. & Up Boys (Int.-YM)
Munchkin Race	50 meters (5 \$ under)
100m	8& under -12yrs. (Primary-Midget)
4x800m Relay	11/12yrs. & Up (Youth & Up)
4x100m Relay	Coaches/ Male & Female (Team Shirts Only)
4x100m Relay	ALL
400m	8 yrs. & Under-12yrs. (Primary-Midget)
800m	13yrs. & Up (Youth-Up)
200m	13yrs. & Up (Sub Youth & Up)
1500m	ALL
4x400m Relay	9&10yrs. & Up (Bantam & Up)

2017-AAU AGE DIVISION

8&Under (2009&After)
9yrs.Old (2008)Sub-Bantam
10yrs.Old (2007) Bantam
11yrs. Old(2006) Sub-Midget
12yrs.Old(2005) Midget
13yrs.Old (2004) Sub-Youth
14yrs.Old (2003) Youth
15-16yrs.Old (2001-2002) INT.
17-18yrs.Old (1999-2000) YW/YM

***Participants on all relays teams must be a current AAU member on that team.**

Field Events

High Jump (Sub-Bantam & Up) Long Jump (All- Oldest to Youngest)
Shot Put (Primary & Up) Discuss (Sub-Midget & Up)

***Competitors should bring their own implements to be used at Meet.**

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.